



MEDICARE+CHOICE PLANS OFFERED IN WASHINGTON STATE

January 2004

*Always check with the company for the latest plan information and premiums.
In some counties, there are limited enrollment opportunities. Check with the plan for current information.*

Plan	Type of Plan	Copayment Information	Additional Information (See "Key" on page 3)	Counties Served/Monthly Premium
Group Health Cooperative GHC Medicare Plan Basic Benefits 1-888-901-4636 www.ghc.org	Managed Care	Office Visit= \$10 Routine Exam=\$0 (once every 2 years) ER visit= \$50 (waived if admitted) Hospital stay= \$0	EE, EG, FT, HE, HA, SC, \$300 OOP, POS, Out-of-Service-area care , Worldwide Emergency Coverage	<ul style="list-style-type: none"> Island, Kitsap, San Juan, Skagit, Snohomish, parts of Grays Harbor, Whatcom \$110 King, Lewis, Mason, Pierce, Thurston \$87
Group Health Cooperative GHC Medicare Plan Basic Benefits + Optional Supplemental Benefits 1-888-901-4636 www.ghc.org	Managed Care	Office Visit=\$10 Routine Exam=\$0 (once every 2 years) ER visit=\$50 (waived if admitted) Hospital stay=\$0	All Basic Benefits + DS, Additional Home Care and SNF coverage	<ul style="list-style-type: none"> Island, Kitsap, San Juan, Skagit, Snohomish, Whatcom, parts of Grays Harbor \$133 King, Lewis, Mason, Pierce, Thurston \$110

Plan	Type of Plan	Copayment Information	Additional Information (See “Key” on page 3)	Counties Served/Monthly Premium
Health Net of Oregon PPO 1-800-672-5941 www.health.net	Managed Care	Office Visit=\$10 Routine Exam=\$0 ER Visit=\$50 Hospital Stay=\$100	DS, EE, EG, Alternative Medicine, Disease Management, Worldwide Emergency Coverage	<ul style="list-style-type: none"> Clark \$59
Kaiser Permanente NW Senior Advantage 1-800-813-2000 www.kaiserpermanente.org	Managed Care	Office Visit=\$15 Routine Exam=\$15 (Once every 2 years) ER Visit=\$50 Hospital Stay=\$200	EE, EG, HE, FT, SC, Rx, \$1,000 OOP Worldwide Emergency Coverage	<ul style="list-style-type: none"> Cowlitz, Lewis, Wahkiakum \$132 Clark \$104
Kaiser Permanente NW Senior Advantage II 1-800-813-2000 www.kaiserpermanente.org	Managed Care	Office Visit=\$15 Routine Exam=\$15 (Once every 2 years) ER Visit= \$50 Hospital Stay= \$200	EE, EG, HA, HE, FT, Rx, SC, Expanded Care benefit, \$1,000 OOP, Worldwide Emergency Coverage	<ul style="list-style-type: none"> Clark \$215
PacifiCare of Washington Secure Horizons 1-800-255-6673 www.securehorizons.com	Managed Care	Office Visit=\$15 Specialist Visit: \$30 Routine Exam=\$15 ER visit=\$50 Hospital stay= \$200/day (1 st -4 th day)	Worldwide Emergency Coverage	<ul style="list-style-type: none"> Clark \$79 King , Pierce, Snohomish, parts of Island, Thurston, Lewis \$95

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PacifiCare of Washington Secure Horizons Lakewood Plan 1-800-255-6673 www.securehorizons.com	Managed Care	Office Visit=\$20 Specialist Visit=\$30 Routine Exam=\$20 ER visit=\$50 Hospital stay= \$200/day (1 st – 4 th day)	Worldwide Emergency Coverage	<ul style="list-style-type: none"> Pierce \$40
Regence HMO of Oregon First Choice 65 1-800-541-8981 www.bcbso.com	Managed Care	Office Visit=\$10 Routine Exam=\$10 ER visit=\$50 (waived if admitted) Hospital stay=\$0	EE, EG, Nutritional Training, Worldwide Emergency Coverage	<ul style="list-style-type: none"> Clark \$86
Sterling Life Insurance Co. Sterling Option 1 1-888-858-8572 www.sterlingplans.com	Private Fee For Service Plan	Office Visit=\$15 Specialist Visit=\$30 Routine Exam=\$0 ER visit=\$50 (waived if admitted) Hospital stay= \$100/day (1 st – 5 th day)	Can self-refer to specialists who accept the Sterling Option I Plan Worldwide Emergency Coverage	<ul style="list-style-type: none"> All Washington Counties \$68

KEY

DS	Dental Service	EE	Eye Exam
EG	Eye Glasses	FT	Fitness Classes and/or Health Club Membership
HA	Hearing Aid	HE	Hearing Exam
OOP	Out of Pocket Maximum per Year	POS	Point of Service- member responsible for coinsurance, deductibles and OOP
Rx	Prescription Drugs	SC	Smoking Cessation
SNF	Skilled Nursing Facility Care		

This is only an overview. Consult plan contract for details. Most benefits subject to Medicare guidelines. Contact plan for enrollment details.

Additional Medicare Health Plan Information is available at Medicare's web site: www.medicare.gov
The inclusion of a company on this list does not constitute an endorsement of a company or its policies by the
Washington State Insurance Commissioner's Office, SHIBA HelpLine or its volunteers.
Visit our web page at www.insurance.wa.gov
